

Educating Our Children — Changing the Future

2-Day Conference for Parents • April 25–26, 2009 • Sacramento Waldorf School

We are living in times of tremendous change and challenges that call upon us to educate our children to have both new ways of seeing and creative thinking. How can we keep their idealism alive and provide the skills and abilities to develop new ways of living sustainably?

This conference will offer more than three dozen workshops on social change, sustainability, parenting, home schooling and Waldorf education, which was founded out of an impulse for social change and cultural renewal. It will bring together keynote speakers from various social impulses:

Shea Darian, author of the new book *Living Passages for the Whole Family*, as well as *Seven Times the Sun* and *Sanctuaries of Childhood*, will explore the transformative power of blessings in family and community life, and how meaningful rites of passage from birth to adulthood can help us and our children. Shea is the mother of two grown daughters who attended Waldorf schools, and has been a favorite presenter at these conferences.

Lisa Bennett, Communications Director at The Center for Ecoliteracy, will share the principles and exciting applications of their program “Smart by Nature: Schooling for Sustainability” as it is being taken up by school communities across the country and around the world. Lisa is a researcher and writer, and has spoken at the National Press Club and appeared on the BBC, C-SPAN, Hardball, and many other programs.

John Bloom is Director of Organizational Culture at Rudolf Steiner Foundation Social Finance. He will share from the work he has been developing with the Transforming Money Collaborative as well as other educational programs addressing the intersection of money and spirit in personal and social transformation. RSF Social Finance provides innovative investing, lending, and philanthropic services to promote environmental, social, and economic sustainability.

DeAnna Lam will focus on “How our world would be different if adolescent children were witnessed, cherished, and celebrated as they transitioned into adulthood.” DeAnna is a Waldorf parent and the founder of Red Moon—Cycles of Women’s Wisdom™. She was the first to bring Rites of Passage work to mixed groups of Jewish and Palestinian women in Israel/Palestine, her country of origin. She is the author of *Becoming Peers, Mentoring Girls into Womanhood*.

For a complete brochure and registration:
303-546-0070 or www.informedfamilylife.org



Sponsored by Informed Family Life, 207 Sunrise Lane, Boulder, CO 80302
Co-sponsored by The Center for Creative Growth with CEUs for RNs, LCSWs, and MFTs.

SATURDAY, April 25, 2009

8:00 am Registration opens. Time to visit the vendors!

9:00 am Finding Our Voices

— Singing with Christiana Quick-Cleveland

9:30 am Welcome and Opening Remarks

— Rahima Baldwin Dancy

9:45 am – 10:45 am Keynote Address:

“*Smart by Nature: Schooling for Sustainability*” ~ Lisa Bennett

Today we are faced with unprecedented environmental challenges, from climate change to the end of cheap energy, the depletion of resources, and loss of species. Addressing these issues will require leaders and citizens who can think ecologically, which means: Schools need to prepare students who understand the principles by which nature sustains life and have the values, ability, and courage to act on that understanding.

Lisa Bennett, communications director for the Center for Ecoliteracy, will address the hopeful new movement that is rising in response to these challenges in schools across North America. She will also discuss ways in which Waldorf parents and educators can participate in (and already are advancing) this important new movement in education.

11:15 am - 12:45 pm — Choose one “A” Session:

A1. Teaching Sustainability: Discussion with Parents and Educators

Lisa Bennett ~ What are your ideas about schooling for sustainability and how to share positive ecological educational experiences with children? What concerns do you have, and what gives you hope? Come share your thoughts and experiences with other parents and educators in a lively discussion led by keynote speaker Lisa Bennett.

A2. Sanctuaries of Family Life: Creating Home as a Haven for the Soul

Shea Darian ~ Creating a home and family that nurtures the soul and spirit in simple day-to-day moments is the topic of this workshop. It is possible, in our fast-paced, electronic age, to create a home environment in which family members may cultivate balance, rhythm, joy, peace and genuine reverence for life and relationships.

A3. Changing Our Words—Changing the World

DeAnna L'am ~ The words we speak can wound or heal. Become aware of the assumptions that inform your communication, and the needs behind them, to alter family and community environments into ones where everyone's needs are met.

A4. The Shape We're In: Rudolf Steiner's Threefold Views as a Basis for Healing Social Life

John Bloom ~ In this workshop-dialogue we will explore Rudolf Steiner's concept of the Threefold Commonwealth as an approach to understanding the current state of affairs, and how these concepts might transform everyday life, including our organizational and community structures. We will use Steiner's theoretical framework for looking at issues brought by workshop participants.

A5. Seven-Year Life Cycles: Changing as Adults

Lee Sturgeon Day ~ An overview of the seven-year life cycles from birth through adulthood, showing how childhood phases are mirrored in later adulthood. Participants will be shown how to draw their own Life Maps.

A6. Third Grade at Home: Bridging the 9-Year Change

Melisa Nielsen ~ The how's and why's of the third grade Waldorf curriculum and ways to creatively work with your child at home.

A7. The Brilliant Sword of Forgiveness

Lori MacKinder ~ Teaching/learning forgiveness can be the most powerful force of change and healing. Share in the process and take home new capacities to share with your children. This session will help you question stuck areas and gracefully invite you into a new level of being.

A8. Children, Nature and You: How Do the Children Grow?

Diane Gordon & Wendolyn Bird ~ Recent research shows that children need experiences with nature for healthy development. Through discussion, nature experiences, music and songs we will explore how a connection with Nature positively impacts the young child's all-round development.

A9. California Geography and History (4th Grade)

Daena Ross ~ We will discuss the key points covered in 4th grade California geography and history. Several examples of hands-on activities and games will be shown, along with excellent resources.

A10. Puppets for Peace Fundraiser (admission at RS College paid for conference registrants)

Karen Viani and Rudolf Steiner College students ~ This public event at RS College includes a professional marionette show of the African tale, “Twerii” or “Let Us Eat.” Children will be able to paint prayer flags, followed by light refreshments. Puppets for Peace was founded by Suzanne Down and international puppeteers to awaken and spread peace in the world, one puppet show at a time. [Partners and children pay a small donation.]

12:45 pm Catered Lunch included with registration

2:00 pm – 3:15 pm Announcements and Keynote:

“*How Would our World be Different if...*” ~ DeAnna L'am

How would our world be different if adolescent children were witnessed, cherished, and celebrated as they transition into adulthood? Since most of us have not been welcomed into adulthood as teens, our best intentions draw from a blank space within us. We must nourish the parts of ourselves that were left wanting in order to navigate and chart the unknown waters of mentoring our youth. This talk is intended to inspire you to embark on this demanding yet exciting journey. It will be supplemented by workshops that will provide practical tools for the road.

3:30 pm – 5:00 pm — Choose one “B” Session:

B1. Our Money Biographies

John Bloom ~ In this workshop we will explore our money biographies with a goal of understanding how each of us has come to his or her current relationship to money, the assumptions

made, and the values practiced. We will look at money myths and cultural messaging through our stories, and experience how biography and conversation can also be tools of social change.

B2. In the Mourning Light: Honoring Family Passages of Grief, Death and Change

Shea Darian ~ This workshop offers inspiration and resources for family members of all ages to honor such rites of passage as the death of a loved one or pet, broken relationships, illness and injury, and geographical moves, with the courage to grieve soulfully, heal earnestly, and move forward with hope and joy.

B3. Teens and Risk Taking

Valerie Baadh and Allegra Allesandri ~ Teenagers are risk takers. Through a developmentally-appropriate education of both academics and physical education, students are guided to appropriate risks in their thinking and in their actions. This workshop will explore the four phases of cognitive development in the high school student through Waldorf high school curriculum and Spacial Dynamic movement exercises.

B4. Promoting Sensory-Motor Development

Daena Ross ~ We will explore games and fun ways to promote sensory-motor development, which organizes the brain and makes academic learning easier. Wear comfortable clothing, as we will participate in several mat/floor exercises and bean bag, rod and string games that can be done with 1-30 children.

B5. Parenting with Spirit: Working with the Spiritual World.

Cindy Brooks and Joya Loveday Birns ~ We will focus on the reality of spiritual guidance and ways to connect to this source of inspiration and support in daily life. Working with music, meditation, discussion and artistic process, we will develop a practice for ongoing dialogue with the angelic realm.

B6. The Seven Main Barriers to Math Success

Lori MacKinder ~ An overview of how the 7 main math barriers are formed and how to transform them into success. Those of most interest to participants will be explored in greater detail.

B7. First Grade at Home: Laying the Foundation

Melisa Nielsen ~ Understand your child at this age and readiness for academics. Enjoy the transition into writing and reading.

B8. Support for the Journey: Fathers/grandfathers/uncles and the parenting equation

Robert Hickman ~ This workshop will explore the unique role of men in children's lives. We will examine the joys and challenges commonly seen during the journey and how mutual peer support can enhance our enjoyment and effectiveness.

B9. Coloring with Block Crayons: An Introduction

Sieglinde De Francesca ~ Create luminous block crayon drawings with only the 3 primary colors, as we explore stroke, gesture and color mixing. We will create images from the 4 kingdoms of nature so you can create your own beautiful pictures and guide your children. Bring your own Stockmar crayons, or purchase some from the instructor.

B10. Needle Felt a Spring Flower Fairy

Dineh Bhuckory ~ Take home a hand-crafted spring flower fairy to delight your child or grace your nature table. You will learn the technique of needle felting colored wool over a wool-wrapped frame. \$5 materials fee payable to the instructor.

5:00 pm Conference Ends—See you tomorrow!

SUNDAY, April 26, 2009

8:00 am Registration opens. Visit the vendors!

9:00 am Finding Our Voices

— Singing with Christiana Quick-Cleveland

9:30 am Welcome and Opening Remarks

— Rahima Baldwin Dancy

9:45 am – 10:45 am Keynote Address:

“Blessings of Change” ~ Shea Darian

In this keynote talk Shea contemplates the transformative power of blessings in family and community life, exploring how meaningful rites of passage from birth to adulthood help us and our children to live joyfully in the present, heal and celebrate the past, and foster courage and hope for the future.

11:15 am – 12:45 am — Choose one “C” Session:

C1. A Rite of Change: Celebrating the Rites of Passage from Birth to Adulthood

Shea Darian ~ This workshop is a continuation of Shea's keynote address, exploring possibilities and practical tools to create meaningful rites of passage with our children from birth to adulthood. Through presentation, story, song and simple rituals, we will consider such life passages as weaning, penetrating the magic of childhood, the nine-year change, puberty, and young adulthood.

C2. Preparing for Adolescence: Meeting and Healing the Maiden Within.

DeAnna L'am ~ Meet the maiden within you who may never have been welcomed into womanhood. Explore what she might have wanted and needed when she came of age, soothe her in a safe space, and receive insights for your own daughter's adolescence.

C3. Social Finance Is Not an Oxymoron

John Bloom ~ In this workshop-dialogue we will explore some of the emergent practices and innovations happening in the field of finance, including philanthropy and complementary currencies. Using RSF Social Finance as an example, we will examine the different qualities of money, approaches to building community through finance, and how we can all participate in transforming the way we work with money. One goal of this workshop will be to redefine our concepts of wealth for ourselves and our children.

C4. Parenting with Spirit: Waldorf-inspired

Communication and Empathy Skills. *Cindy Brooks and Joya Loveday Birns* ~ Review how children develop through three 7-year periods and learn to work with developmental forces in parenting. Discover how age-appropriate communication and mirroring can improve the parent-child relationship. Discussion time included to assist with practical application.

C5. Second Grade at Home

Melisa Nielsen ~ We will review the new material covered in language arts and math. Understand the changes of this age group, as well as the studies of the saints and fables. Learn ways to incorporate the festivals in this year with meaning and ease.

C6. Soul Development through Handwriting: Teaching Children to Write with the Vimala Alphabet

Jennifer Crebbin ~ Teach your child letter forms that support open and honest communication, being of service, engaged will power, and more. Receive a copy of the Vimala alphabet and learn about teaching these forms to your child (the Vimala alphabet is being used in many Waldorf schools).

C7. What is Anthroposophic Medicine?

Kelly Sutton, MD ~ The picture of the human being brought by Rudolf Steiner gives rise to new insights and approaches in healthcare that include human destiny, life cycles, and the role of illness. The four-fold and seven-fold nature the human being and the development of complementary remedies and therapies in Anthroposophic medicine will be discussed.

C8. Passionate Parenting

Lori MacKinder ~ Finding ways to bring passion into the everyday can be challenging when obligations weigh us down. Join us for a session of personal passion exploration. Tap into the ways that you are a passionate parent and bring joy home to your family, tonight.

C9. Creating Play Spaces for Children, Inside and Out

Simone Demarzi ~ In this workshop we will look at what is essential in creating a play environment appropriate for different ages, indoors and out. We will talk about play, toys, environment and the tools children need for their work (birth-9).

C10. Watercolor Painting in Grades 1-3

Ellen SpringWind ~ Learn how wet-on-wet watercolor painting is taught in grades 1-3. Many examples of children's art will be displayed to inspire you.

12:45 pm Catered Lunch included with registration

2:00 pm – 3:15 pm Announcements and Keynote:

“Reimagine Money: Toward a New Economic Citizenship”

~ John Bloom

Money reflects the architecture of human experience, our interior and exterior spaces, and the intersection of the two. This presentation will look at the opportunities we can take to reimagine those structures, to transform how we think about and transact with money as a step toward positive economic practices. By transforming ourselves in community and aligning our deepest spiritual values with our economic citizenship, we will lead the next generation to a freer and hopefully more enlightened relationship to money and the world of finance. In addition to the presentation there will be time for dialogue with the audience.

3:30 pm – 5:00 pm — Choose one “D” Session:

D1. Welcoming Girls into Womanhood

DeAnna L'am ~ It's never too late, or too early, to prepare for your daughter's Rite of Passage! Receive insights on the Coming of Age Year and practical ideas for developing welcoming ceremonies. For mothers, grandmothers, stepmothers, aunts or any woman with a special girl in her life.

D2. Parenting with Spirit—Working with Negative Behavior in Children. Cindy Brooks and Joya Loveday Birns

~ We will focus on boundaries, tolerating negativity and Waldorf-inspired discipline strategies for each 7-year period. Discussion time included to help with practical application.

D3. Educating our Children for the Future

Susan Johnson, MD ~ Our children need to dream, to visualize, to create inner pictures in their minds about their destiny and what contribution they wish to make in their lives. We will look at this spiritual capacity of visualizing and creating our own pictures to discover what we can do both to foster and protect this capacity in our children and strengthen it in ourselves.

D4. Math by Hand

Marin Lipowitz ~ A hands-on approach to math in grades 1-4, including movement, art, and storytelling to transform abstract concepts into concrete methodology. Choose several math toys and tools, from a fun grab basket, to take home with you.

D5. Applying Rudolf Steiner's Insights to Home Education (Ages 6-10). Sandi Russi

~ We will examine a number of Steiner's insights and look into how they can be applied to home education. The workshop will address questions such as: What makes a healthy learning environment? When should I teach my child to read and write? Why might I want to keep my child at home through the 9-year change? What if my child has resistance to academics? What if my child is an early reader/writer?

D6. Nutrition to Warm the Soul and Strengthen the Life Forces. Iris Sullivan

~ As cook, we need to be not only an alchemist, but also a priest, for the mood of the dining table is an essential ingredient of breaking bread together. In looking at the process as well as the product, we will consider the temperament of the cook and of the children, the source of the foods and their journey, and their combinations—as well as healthy meal plans for busy people.

D7. Spring Puppetry of Change and Transformation

Karen Viani ~ Children delight in the changing season and the new life spring brings. We will make a simple wool caterpillar and butterfly and explore the miracle of transformation through story and verse; also suitable for Easter and after a death. \$3 materials fee payable to the instructor.

D8. Using a Nature Table in Family Celebrations

Jan Schubert ~ A nature table is not a static prop or simply something to change quarterly! Come and explore ways to use a nature table as an anchor for celebrating family festivals.

D9. Eurythmy: Practicing Flexibility in Body and Soul

Cynthia Hoven ~ Experience the rejuvenating power of Eurythmy, an art of movement to music and sound developed by Rudolf Steiner and used throughout the Waldorf schools and as a performance art. No experience necessary!

5:00 pm Conference Ends—Have a Safe Trip Home!

Our Distinguished Faculty

Keynote Speakers

Lisa Bennett is Communications Director at The Center for Ecoliteracy in Berkeley, which has developed a program and a forthcoming book, *Smart by Nature: Schooling for Sustainability* (www.ecoliteracy.org). Lisa has written more than 3000 articles for newspapers and magazines, authored numerous research reports and contributed to several books, writing extensively about education, the environment, health, parenting and women's issues. She has spoken at the National Press Club, and appeared on BBC, C-SPAN, Hardball, and many other local outlets. Lisa is the mother of two young sons and lives in San Francisco.

John Bloom is Director of Organizational Culture at RSF [Rudolf Steiner Foundation] Social Finance (www.rsfsocialfinance.org). As part of his work at RSF, he has been developing the Transforming Money Collaborative, as well as other educational programs that address the intersection of money and spirit in personal and social transformation.

John has presented many workshops and lectures and written extensively about aspects of money, development, and governance for non-profits. His forthcoming book, *Reimagine Money*, will be out in October 2009. He lives in San Francisco.

Shea Darian is an inspired family educator and spiritual director. She encourages parents, grandparents, and caregivers to transform our often busy, chaotic 21st century lives with a greater sense of balance and peace. In addition to her new title, *Living Passages for the Whole Family: Celebrating Rites of Passage from Birth to Adulthood*, Shea is the author of *Seven Times the Sun: Guiding Your Child through the Rhythms of the Day*, and *Sanctuaries of Childhood: Nurturing a Child's Spiritual Life*. Shea received a BA in Speech and Theater, a Master of Divinity degree, and a certificate in Waldorf Administration and Community Development at Sunbridge College. Shea is a sacred arts enthusiast, particularly in the area of sacred drama. Shea and her husband have raised two daughters and live in Phoenix, Arizona.

DeAnna L'am, author of *Becoming Peers – Mentoring Girls Into Womanhood*, has been teaching in the United States and internationally since 1980 in the fields of community building, conflict resolution, peacemaking, and women's spirituality. In 1994, she founded Red Moon - Cycles of Women's Wisdom™, an organization committed to cultivating Red Tents in every neighborhood, locally and globally, for women and girls to replenish, connect, and celebrate cycles of life. DeAnna was the first to bring Rites of Passage work to mixed groups of Jewish and Palestinian women in Israel/Palestine, her country of origin. Her work helped participants bond as women beyond all political differences and artificial divides. DeAnna trains Red Tent facilitators, helps reclaim and renew Coming of Age traditions, and works internationally to inspire and equip adults to assume the task of Eldering our children. See www.deannalam.com. DeAnna lives in Sebastopol with her husband and daughter, who attends a Waldorf school.

Workshop Presenters

Allegra Alessandri and **Valerie Baadh** have worked together for over a decade: their first project was designing and opening the San Francisco Waldorf High School in 1996. Valerie is now a movement coach working in health, education and leadership fields. This fall, Allegra opened a Waldorf-inspired public high school in Sacramento and is completing her doctoral dissertation on parent involvement in schools.

Rahima Baldwin Dancy is an early childhood educator and author of *You Are Your Child's First Teacher* on Waldorf indications from birth through age six. She is the organizer of these conferences, and co-leads a LifeWays program for 1-5 year olds with her daughter in Boulder.

Lisa Bennett is a keynote speaker (see bio at left).

Dineh Bhukory is a master dollmaker from Southern California. She also imports many unique Waldorf items—visit her vending table.

Wendolyn Bird is Co-Director of Children, Nature and You/Hooked on Nature and has run a fully outdoor preschool for 14 years, Tender Tracks Tales and Trails. She produced *Tales from Earth to Sky*, a CD and guide.

Joya Loveday Birns is a Waldorf kindergarten and handwork teacher and mentor. She has facilitated many parent groups in Waldorf communities and is co-author of *Parenting with Spirit*.

John Bloom is a keynote speaker (see bio at left).

Cindy Brooks is a Licensed Marriage and Family Therapist and trained Waldorf teacher. She integrates the insights of Anthroposophy with those of Depth Psychology in her teaching and therapy practice. She is co-author of *Parenting with Spirit*.

Jennifer Crebbin has been involved with Waldorf schools for 25 years and her book, *Supporting Soul Development Through Handwriting*, guides parents and teachers in using the Vimala alphabet.

Shea Darian is a keynote speaker (see bio at left).

Sieglinde De Francesca, MAEd Waldorf has 30 years experience teaching Waldorf (N-4) and homeschooling (K-7). She is currently an Educational Consultant and drawing and painting teacher in the San Francisco Bay area. Her curriculum and children's books are available at www.teachwonderment.com.

Simone Demarzi was the Director of the LifeWays Children's Center at Rudolf Steiner College for five years and leads their Family Ways workshops. She is completing the RIE training and works for WestEd as an Infant Specialist, training childcare providers in the Sacramento area.

Diane Gordon is a life-long educator and the Director of Children, Nature and You Programs at Hooked on Nature in San Jose. She has been featured with author Richard Louv on "Childhood Matters."

Robert Hickman, PhD, is a licensed Marriage and Family Therapist, father, stepfather and grandfather. He is the leader of a local Waldorf fathers' group and moderator for a fathering e-mail group.

Cynthia Hoven has taught Eurythmy and given courses on Anthroposophy for over 25 years. She directs the four-year, full-time training in Eurythmy at Rudolf Steiner College in Fair Oaks.

Susan Johnson, MD is a behavioral and developmental pediatrician, anthroposophical doctor in private practice in Colfax, and school doctor to Waldorf Schools in the area.

DeAnna L'am is a keynote speaker (see bio at left).

Marin Lipowitz has developed a line of Hands-On Curriculum Kits in math. She holds a masters in Waldorf Education and has taught in Waldorf classrooms (grades 1-4), worked with home schoolers (grades 1-8), and facilitated curriculum for charter school homeschoolers (K-12).

Lori MacKinder, MA, is a Waldorf-trained teacher and is currently teaching mathematics at the University of Hawaii. She offers Spiritual Coaching, and posts many resources at www.yourfullpotential.net.

Melisa Nielsen is a Waldorf-inspired curriculum writer and consultant for home schooling families (www.alittlegardenflower.com). She and her husband, Erik, have authored 9 books for homeschoolers, including curriculum for the grades. Together they homeschool four very active children.

Christiana Quick-Cleveland has been a music teacher in Waldorf Schools and Music Coordinator at Rudolf Steiner College. Her songbook/CD set, *Songs for the Elementary Classroom*, is available in the vending area.

Daena Ross is Educational Support teacher at the East Bay Waldorf School and has worked in Waldorf classrooms, teacher training, and with home schooling families for nearly thirty years.

Sandi Russi is coordinator of WISH (Waldorf-Inspired Sacramento Homeschoolers), now in its 6th year. She has been home educating for 7 years and is a substitute teacher in public Waldorf schools.

Jan Schubert is a Waldorf early childhood educator of 23 years, a candlemaker, puppeteer and textile artist. She authored and illustrated *The Sun Seed*. Jan is the mother of three and grandmother of two boys.

Ellen SpringWind is a trained Waldorf teacher and artist with over 20 years of experience guiding children and adults in the creative process. She homeschooled for many years and also facilitates mother/daughter rites of passage groups.

Lee Sturgeon Day is a counselor and adult educator, cofounder of the Center for Social Development, England, and Lifeways for Healing Education. She has led workshops since 1975 and teaches adult development in Waldorf Teacher Training programs.

Iris Sullivan has cooked for 10 years in wholefoods kitchens for large groups. She has four children who have been raised on indications for healthy eating given by Rudolf Steiner. Iris is also an artist and art therapist; the paintings in the hall were all done by her.

Kelly Sutton, MD has been a primary care physician for 37 years and involved with anthroposophical medicine since 1990. She currently is in private practice in Fair Oaks, at Raphael Medicine & Therapies.

Karen Viani is a Waldorf early childhood specialist and taught preschool and kindergarten for many years in the Sacramento area. She is a graduate of Suzanne Down's Junipertree School of Puppetry Arts and teaches puppetry, performance and storytelling at Rudolf Steiner College.

Hampton Inn, 916-638-4800, from \$84-\$89
Fairfield Inn, 916-858-8680, from \$89
Comfort Inn & Suites, 916-718-6114, from \$76
Cordova Inn, 916-631-0373 from \$49-\$65
Red Roof Inn, 916-638-2500, from \$47

Lunches and Snacks: Snacks during breaks will be available for purchase to benefit the 12th Grade Class Trip. Catered lunches (vegetarian—protein eaters take note!) are included with each adult registration; additional lunches can be purchased in advance for \$10 each (\$6 for children under 12). Sorry, we are unable to guarantee dairy-free main courses.

Childcare at the Conference: Nursing *in-arms babies* (only) are welcome at the talks and workshops as long as they are quiet. Small classrooms mean children older than babies, unfortunately, cannot be in sessions, so we have tried to provide children's programs, as well as several options for children who may never have been away from their parents:

- **We are happy to have two parents pay for one registration, trading off attending sessions and being with the children. Please note this on your registration form and remember to purchase an extra adult's and children's lunches.**
- Or your child and caregiver (spouse or babysitter) can be at the Sacramento Waldorf School, where there are 10 lovely acres with the Sacramento River, a garden and cow, and many playgrounds. No charge except for extra lunches. Unfortunately, we don't have room for your caregiver to be with your child in the children's programs.
- We can provide the following children's programs. **Sign up early, as programs fill.** The cost is \$35/child/day (children eat with parents and lunches are additional; snacks are provided)
 - Infant and Toddler Care (through age 3)
 - Kindergarten (4-5 years)
 - Waldorf storytelling, crafts, and nature activities (Two groups: ages 6-7 and 8-11)
- Children 12 and older are invited to help by working in the childcare rooms and will be paid \$75 for the two days. Call to inquire about availability, (303) 546-0070.
- If coming from a distance, make it a family trip to Sacramento and request that information on family activities in the area be sent with your registration confirmation.
- Or leave the children at home with relatives, so one or both of you can really focus your attention.
- Local people, please try to leave room at the school for out-of-town guests.

Registration Information

Fees: See Registration Form on next page. US funds only, please, with checks payable to Informed Family Life. Visa and Mastercard accepted. Spouses/partners, grandparents and nannies are encouraged to attend with you for a reduced rate (not sisters or friends).

Refunds: A \$25 processing fee will be charged on all cancellations. The remainder will be refunded if requested more than 5 days before the conference; less than 5 days, the remainder will be credited toward CDs and DVDs.

Location: The conference is held at the Sacramento Waldorf School, 3750 Bannister Road in Fair Oaks. Directions will be provided with registration confirmation. Sacramento airport is 1/2-hour away; you can rent a car, or commuter van services are available to the hotels.

Lodging for the Conference: The conference is held at the Sacramento Waldorf School, and no hotels are within walking distance. However, there are many inexpensive hotels in Rancho Cordova near the Sunrise Blvd. exit of US 50. Please look on the internet, or try those listed below. We also recommend the single and double dorm rooms up the hill at Rudolf Steiner College—request a reservation form from housing@Steinercollege.edu.

Reserve hotel space early! If you have problems, please call or e-mail us for more suggestions of specific nearby hotels.

Continuing Education Units: The conference is co-sponsored by the Center for Creative Growth and is recognized for up to 10 CEUs for MFTs and LCSWs (CA Board of Behavioral Science PCE#566) and is provider approved by the CA Board of Registered Nursing (CEP #13077) for up to 10 contact hours. Refunds are provided up to 5 days before the conference. Look for attendance verification forms in the conference registration area.

Order CDs and DVDs from Recent Conferences!

Featured Titles on the Conference Theme:

The Wisdom of Waldorf: Educating for the Future (CD)

~ Rahima Baldwin Dancy #AR01, \$12.50

Create Your Own Family Celebrations (DVD)

~ Esther Leisher #VW15, \$20.00

Courageous Parenting: Changing Our Families and the World (CD)

~ Nancy Poer #AK14, \$12.50

Creating Play Spaces for Young Children (CD)

~ Simone Demarzi #AW36, \$12.50

Protecting and Developing the Twelve Senses (DVD)

~ Daena Ross, #VK02, \$20.00

Waldorf Preschool and Kindergarten: Education for Life (CD)

~ Daena Ross, #VAW03, \$12.50

Sharing Stories with Children (CD)

~ Daena Ross, #VAW10, \$12.50

Meeting Children's Needs (Intro to Waldorf Curriculum (CD)

~ Daena Ross #AW23, \$12.50

The Nine-Year Change: Leaving the Garden (CD)

~ Daena Ross #AW35, \$12.50

Other Waldorf Curriculum Topics:

Starting a Waldorf Enrichment Program (DVD)

~ Kristie Burns #VW04, \$20.00

The Waldorf Curriculum through Eurythmy (DVD)

~ David-Michael Monasch #VW14, \$20

[See next page for more topics; order below]

Topics by Our Workshop Presenters:

Coloring with Block Crayons: An Introduction (DVD)

~ Sieglinde De Francesca #VW17, \$20

Math By Hand (DVD)

~ Marin Lipowitz, #VW16, \$20.00

Educating Our Children—Changing the Future: Registration/Order Form April '09

Return along with your payment to: Informed Family Life, 207 Sunrise Lane, Boulder, CO 80302.

Phone and fax: 303-546-0070. Secure on-line registration at www.informedfamilylife.org. Info@informedfamilylife.org

Name: _____ Spouse/Grandparent (if attending): _____

Address: _____ City: _____ St/Pr: _____ Zip: _____

Phone: (h) (____) _____ E-mail: _____

WORKSHOP CHOICES (Sat. and/or Sun.)

Indicate your workshop choices (required):

A _____ B _____ C _____ D _____

(For B9, B10, C10 or D7, give second choices: _____)

Your spouse's/partner's/grandparent's choices:

A _____ B _____ C _____ D _____

(For B9, B10, C10 or D7, give second choices: _____)

CHILDCARE: each child is \$35/one day, \$70/two days

Child's Name _____ Age _____ \$ _____

Child's Name _____ Age _____ \$ _____

Child's Name _____ Age _____ \$ _____

Circle one: Both days Sat. only Sun. only

Order lunches separately. **Childcare Total:** _____

REGISTRATION for both days (lunches included):

You: Early registration (postmarked by 3/1) \$165 _____

Regular registration (postmarked by 4/1) \$185 _____

Late registration (postmarked after 4/1) \$195 _____

Spouse, Domestic Partner or Grandparent: \$95 _____

(both days, includes lunches)

REGISTRATION for one day only (includes lunch)

You: Sat. _____ or Sun. _____ \$95 _____

Spouse/prtnr/grndprnt: Sat. _____ Sun. _____ \$50 _____

LUNCHES are included in the above fees.

Number of extra lunches for other adults/children:

#Adult x \$10 + #Child x \$6 = Total

Sat: _____ + _____ = _____

Sun: _____ + _____ = _____

Extra Lunches Total: _____

If you don't want your address and phone listed on the roster, circle: No

ORDERING RECORDINGS: Videos (DVDs) and Audio (CDs)

Order Number Price + Shipping* = Subtotal

_____ + _____ = _____

_____ + _____ = _____

_____ + _____ = _____

_____ + _____ = _____

*\$3 for first item, \$1 each additional item

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~ Claudia McLaren Lainson, #AW04, \$12.50

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